


# Richland One Semester One Lunch 2 Week Lunch Menu Cycle 2020-2021

<b>Italian Cuisine</b>	<b>Southern Style</b>	<b>Asian Flare</b>	<b>Subway Day</b>	<b>Southern Style</b>
Pasta Bolognese Fresh Carrots Garlic Bread Sliced Peaches	Chicken and Waffles Turnip Greens Black Eyed Peas Mixed Fruit Cup	Siracha Chicken w/Chow Mein Vegetable Egg Roll Steamed Corn Diced Pears	Subway Turkey & Cheese Sub Assorted Chips Spinach & Tomato Salad Lettuce, Tomato, Pickle Blushing Apples	Braised BBQ Meatballs Garlic Red Potatoes Seasoned Green Beans Southern Style Biscuit Assorted Cool Tropics
<b>Asian Flare</b>	<b>Southern Style</b>	<b>Chef's Choice</b>	<b>Subway Day</b>	<b>Asian Flare</b>
Teriyaki Chicken Glazed Carrots WGR Vegetable Rice Seasoned Cabbage Sliced Peaches	Roasted Lemon Pepper Chicken Red Beans and Rice Collard Greens Cornbread loaf Mixed Fruit Cup		Subway Cold Cut Sub Assorted Chips Tomato & Cucumber Lettuce, Tomato, Pickle Blushing Apples	Thai Sweet Chicken Brown Rice Sweet Peas Steamed Broccoli Cool Tropics
August	September	October	November	December
M TU W TH F	M TU W TH F	M TU W TH F	M TU W TH F	M TU W TH F
	1 2 3 4	1 2	2 3 4 5 6	1 2 3 4
	7 8 9 10 11	5 6 7 8 9	9 10 11 12 13	7 8 9 10 11
	14 15 16 17 18	12 13 14 15 16	15 16 17 18 19	14 15 16 17 18
31	21 22 23 24 25	19 20 21 22 23	23 24 25 26 27	21 22 23 24 25
	28 29 30	25 27 28 29 30	30	28 29 30 31

**Menu Notes**

September 7, 2020	No School	Student/Staff Holiday
September 25, 2020	Early Release	Professional Development
November 2, 2020	No School	Professional Development
November 3, 2020	No School	Student/Staff Holiday
November 25-27	No School	Student/Staff Holiday
December 4, 2020	Early Release	Professional Development

We offer a variety of ½ C Fruits and ½ C Vegetables, 8 oz. of Milk daily.  
 \*This institution is an equal opportunity provider



Non Richland One Students Meals \$4.00